

General Student Health Protocols for Parents

Our mission remains to provide a safe learning environment for our students, teachers, and staff.

If a child presents with any of the following issues, a parent/guardian will be notified, and the child must be picked up by a parent/guardian (designee or emergency contact) within one (1) hour. Allowing your child to be in school with any of these symptoms put other children and staff at risk. The intent of these guidelines is in the best interest of all and can translate into fewer missed days due to illness. We will be proactive in maintaining a healthy environment in our schools for all of our community.

Appearance/Behavior - Lethargy (unusually tired, pale, and difficult to wake), confused or irritable. These symptoms can be sufficient reason to stay at home, if severe or unusual.

Fever - Temperature of 100.0 F or higher, the child must go home and be fever free without medication for 24 hours before returning to school. If student or staff test positive for a communicable disease other than Covid-19, they will need to be symptom free and have certification from a physician that they are no longer communicable, before they are able to return. Your school nurse will advise the parent when a doctor's note is required.

Diarrhea - Two (2) or more watery stools in a 24-hour period, especially if the child feels sick.

Vomiting - Two (2) or more times within the past 24 hours, child should be kept home. If vomiting occurs at school, child must be sent home and free of vomiting episodes for at least 24 hours.

Rash - Children with a skin rash of unknown origin especially with fever will be sent home and should see a doctor, as this could be one of several infectious diseases. Heat rash and allergic reactions are not contagious, and the student may come to school if symptoms are tolerable.

Sore Throat - A minor sore throat is usually not a problem, but a severe sore throat could be more serious, even if no fever exists. Special tests are needed to diagnose strep throat. If other symptoms are part of the complaint, it is advised that the child's parent be called to pick them up because they may be contagious.

Eyes - With pink eye (conjunctivitis), you may see a white/yellow discharge, matted eyelids after sleep, or eye pain and redness. Child should go home if suspected pink eye and treatment has not begun. Child may return to school after 24-hour treatment with an antibiotic eye medication.

Communicable Disease - Refer to Bartlett City Schools Board Policy #6008 and Shelby County Health Department guidance.

Ringworm - is not a type of parasite but rather a fungal skin infection — the condition gets its name from the characteristic ring-shaped rash that it causes. Ringworm is contagious, and to stop the spread of infection, timely treatment is extremely important. Avoiding skin contact with the infected person is the best way to stop it from spreading. Ringworm can be treated simply with over-the-counter antifungal cream, though more severe cases may require the use of an oral antifungal medication. Area must be covered and treated for student to remain in school.

Covid-19 Student Health Protocols for Parents

Students who are COVID-19 positive with or without symptoms

If your child received results for a **POSITIVE** Covid -19 test, with or without symptoms, he/she may return to school:

- **After** completing 10 days of isolation **and**
- Fever/symptom free for 24 hours (**without** use of medications)

Exposure to Positive Covid-19 (Non-Household Contact)

Exposure is defined as being within 3ft-6 ft (3ft only applies if **all** individuals are wearing masks) of a COVID-19 *positive* individual for ≥ 15 minutes. In order for a student to return to school, they will need to:

- Quarantine for 10 (ten) calendar days for those close contacts with masks and be symptom free for 24 hrs without medication
- Quarantine for 14 (fourteen) calendar days for those choosing to opt-out of masks. These individuals must quarantine the entire 14 (fourteen) calendar days as required by the Shelby County Health Department **and** be symptom free for 24 hrs without medication.

Exposure to Positive Covid-19 Household Contact (IF positive case is unable to isolate in separate living quarters)

Exposure is defined as being within 6 ft of a COVID-19 *positive* individual for ≥ 15 minutes. In order for a student to return to school, they will need to:

- Quarantine for 10 calendar days (10) beginning from date of test taken **and**
- Quarantine an additional 10 (ten) calendar days **and**
- Be symptom free for 24 hrs without medication

Protocols for Illness

It is important all protocols **MUST** be followed by parents/guardians at all times.

There is a long list of signs and symptoms that are associated with COVID-19 including:

High-risk symptoms (those that are common and relatively specific for COVID):

- Fever ≥ 100.4
- Persistent unexplained cough
- Shortness of breath/difficulty breathing
- Loss of sense of taste or smell

Low-risk symptoms (those that are more common and alone do not necessarily indicate COVID-19):

- Sore throat
- Nasal congestion/nasal discharge
- Nausea/vomiting/diarrhea
- Myalgias (muscle aches)
- Headache
- Fatigue

Any student with symptoms will be dismissed and are to be picked up no later than one (1) hour after being contacted. Individuals will be able to return after 24 hours if they are fever free without medication, feeling better and no further symptoms develop. If your child continues to remain ill and shows symptoms, your child will need to remain at home until symptom free.